

“Knowing God’s Rest”
Matthew 11:28-30

I. Knowing This is Our H_____

A. W____?

1. The B_____
2. The B_____

B. W____?

1. C_____ to Jesus
2. T_____ His Y_____
3. L_____ f_____ Him

C. W____?

1. We Need R_____
 - a. P_____
 - b. J_____
2. He is A_____, W_____ & G_____

II. Knowing This in Our H_____

D. H____?

1. A____ of the A_____

James 4:8a/Rev. 3:20
2. L_____

Col. 3:15
3. P_____

Phil. 4:6,7; James 1:5-8
4. T_____ R_____

Phil 4:8
5. F____ Your F_____

Heb. 12:2
6. E_____ R_____ity

Remember: J_____ Was T_____
7. R_____

John 15:5,11; Is. 26:3,4

“Knowing God’s Rest”
Matthew 11:28-30

I. Knowing This is Our Heads

A. Who?

1. **The Beaten**
2. **The Burdened**

B. What?

1. **Come to Jesus**
2. **Take His Yoke**
3. **Learn from Him**

C. Why?

1. **We Need Rest**
 - a. **Peace**
 - b. **Joy**
2. **He is Able, Willing & Gentle**

II. Knowing This in Our Hearts

D. How?

1. **All of the Above** James 4:8a/Rev. 3:20
2. **Listen** Col. 3:15
3. **Pray** Phil. 4:6,7; James 1:5-8
4. **Think Right** Phil 4:8
5. **Fix Your Focus** Heb. 12:2
6. **Expect Reality**
Remember: Jesus Was Troubled
7. **Remain** John 15:5,11; Is. 26:3,4