

Matthew 6:16-18  
 “Is There More?”

I. G\_\_\_\_\_ Part

“S\_\_\_\_\_ and W\_\_\_\_\_”  
 (Acts 2:22,43 / 4:29-30 / 5:12 / 6:5-8 / 8:6,13 / 14:3 / 15:12)

II. O\_\_\_ Part

“P\_\_\_\_\_ and F\_\_\_\_\_”  
 (Acts 13:1-4a . 14:23)

A. Biblical D\_\_\_\_\_ tions

1. Prayer = “T\_\_\_\_\_ to G\_\_\_\_”
2. Fasting = “A Christian’s V\_\_\_\_\_ abstinence from F\_\_\_\_\_ for S\_\_\_\_\_ purposes”  
 (Donald Whitney: *Spiritual Disciplines for the Christian Life*)

B. Jesus’ E\_\_\_\_\_ tions (Mtt. 6:16-18)

That Fasting Be . . .

1. P\_\_\_\_\_
2. P\_\_\_\_\_
3. P\_\_\_\_\_
4. P\_\_\_\_\_

Q: Would \_\_\_\_\_ be doing more of what only \_\_\_\_\_ can do if \_\_\_\_\_ were doing more of what \_\_\_\_\_ c\_\_\_\_\_ to do...?

**Matthew 6:16-18**  
**“Is There More?”**

**I. God’s Part**  
 “Signs and Wonders”  
 (Acts 2:22,43 / 4:29-30 / 5:12 / 6:5-8 / 8:6,13 / 14:3 / 15:12)

**II. Our Part**  
 “Prayer and Fasting”  
 (Acts 13:1-4a . 14:23)

**A. Biblical Definitions**  
 1. Prayer = “Talking to God”  
 2. Fasting = “A Christian’s Voluntary abstinence from Food for Spiritual purposes”  
 (Donald Whitney: *Spiritual Disciplines for the Christian Life*)

**B. Jesus’ Expectations (Mtt. 6:16-18)**  
 That Fasting Be . . .  
 1. Performed  
 2. Private  
 3. Purposeful  
 4. Profitable

**Q: Would God be doing more of what only He can do if we were doing more of what He commands us to do...?**